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Haemolitic Anaemia with Positive Cryoglobulin Test in a HIV Positive Man

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WE REPORT a HIV-positive patient with Kaposi sarcoma and severe haemolitic anaemia with positive antiglobulin test and cryoagglutininaemia. In 1986 a 51-year-old homosexual man was admitted to S. Martino hospital with localised skin lesions. A cutaneous biopsy was performed and Kaposi sarcoma was diagnosed. Immunological evaluation revealed HIV seropositivity. No treatment was administered. In December 1989 he was readmitted with acute pneumonia, disseminated skin and visceral lesions, and severe anaemia. Laboratory tests revealed haemoglobin (Hb) 3.9 g/dl, reticolocytes 25%, total bilirubin 2.7 mg/dl, indirect bilirubin 2.5 mg/dl, lactate dehydrogenase (LDH) 809 U/l (230-460 U/l) and aptoglobin 3 mg/dl. Direct antiglobulin test was positive (9/12) for IgG and C3d; crioagglutinines were present with a high titre (anti-l-activity).

Antiphospholipid antibodies were present. Bone marrow trephine biopsy was performed and showed hyperplasia of erythroid lineage with signs of diserythropoyesis. The patient was treated with methylprednisolone 60 mg twice a day for 7 days then reduced to 10 mg twice a day and received 6 units of packed red blood cells. The patient experienced a prompt and complete recovery of haemolysis.

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He received 3 courses of chemotherapy on an outpatient basis for Kaposi sarcoma, with etoposide 150 mg/m² days 1-3 every 3 weeks and stabilisation of the disease was obtained.

In February 1990 he was discharged; at that time Hb was 10 g/dl, total bilirubin was 1.1 mg/dl, and aptoglobin was 65 mg/dl. In April he was readmitted for severe disseminated *Pneumocystis carinii* infection, and died on 9 April 1990.

Almost all patients with AIDS and AIDS related complex (ARC) are anaemic as a result of these chronic diseases with multiple infections or neoplasias [1].

Positive direct antiglobulin results were reported in about 20% of AIDS patients [2–4]. The red cell bound immunoglobulins were weak, IgG, or only due to bound complement. Van der Lellie et al. did not detect a positive antiglobulin test in any patient [5]. It is possible that circulating immunocomplexes may nonspecifically attach themselves to the red cell membrane resulting in a non-specific positive direct antiglobulin test [4]. It is also possible that more specific antibodies against a phospholipid antigen on the red cell membrane account for the positive direct antiglobulin test, which may be due to hyperglobulinaemia [2]. In any case the consensus is that red cell bound immunoglobulins are not responsible for AIDS induced anaemia [6].

To our knowledge, this is the first case report of immune haemolitic anaemia with crioagglutinines in an AIDS patient.

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